

National Spinal Cord Injury Association CT Chapter Newsletter



JOURNEY FORWARD

Journey Forward is a 501(c)3 non-profit organization dedicated to improving the lives of those who have suffered a spinal cord injury through an intense exercise program. The latest research has shown that through exercise, individuals with spinal cord injuries can experience greater health, live longer lives, and most importantly gain independence and increase in function. We are able to focus on client goals that can range from regaining lost function to simply receiving the normal benefits of exercise. Since this injury forces most to be in a chair for the majority of the day, we work to get our clients out of their chairs and focus on functional exercises and activities.

Traditionally, after the first 6 months of a spinal cord injury people are given little to no hope of increasing their independence. However we have found that given the correct stimulus individuals with this injury can improve and continue to get better. This is where Journey Forward specializes. We offer those with spinal cord injuries an aggressive and effective exercise based program. Journey Forward's long-term goals are to make this program more accessible to those who need it. We are accomplishing this by working and fundraising to open centers throughout the country, as well as making it more affordable to those who so desperately need this program.

We are located about 20 minutes south/west of Boston at 755 Dedham Street, Canton, MA 02021. For more information please visit www.Journey-Forward.org or call (781) 828-3233

THE WINNERS ARE

This years *Dr. Philip B. Arnold Award* and *President's Awards* were given to Caitlin DePalma and Erin Prastine, respectfully. Caitlin is our Chapter Secretary and a Therapist in the wheelchair clinic at Gaylord Hospital. She has been a Board Member for almost ten years and is a priceless asset to the Board. Caitlin continues to oversee the responsibilities and functions of the Board as well as bring new information and fresh ideas from the Therapeutic end of the spectrum to us. Caitlin certainly earned the *Dr. Arnold Award*.

Erin is a Therapist at Gaylord Hospital and joined our Board of Directors three years ago. In that short time she has helped start a monthly support group which has continued to grow in attendants and the Stop Trauma program with the implementation of "Think First." This nationally recognized program educates school aged children on prevention of SCI, such as drinking and driving. Erin has proven herself more then worthy of the *President's Award*.



Jim Quick, Caitlin DePalma, Erin Prastine,
Philip Arnold & Jeff Dion

Coming Soon: Thursday April 9th Band Fundraiser

**GOLF TOURNAMENT IS A
WINNER FOR THE NSCIA CT
CHAPTER**

BY CAITLIN DEPLAMA

The NSCIA-CT Chapter held its 9th annual "Wheeling and Able" Golf Tournament on Tuesday, September 9th at Lyman Orchards in Middlefield. Golfers signed up to play in record numbers with the course being oversold for the second year in a row! The success of this tournament was evident as over \$16,000 was raised for the Association; the most that's ever been raised!

There was vibrancy to the crowd as the shotgun start began the tournament and the golfers quickly raced against the weather. Slowly, rain began to fall; by the time most foursomes completed 8 holes, the tournament was ended due to heavy downpours, thunder, and lightning. People converged into Lyman's clubhouse to dry off. This was the only rainy day in almost a three-week span, but people's spirits were not dampened as attested by the constant chatter and laughter heard throughout the crowds.

Thank you to Lyman Orchards for preparing an expansive luncheon two hours ahead of schedule for us and for generously giving each registered golfer a voucher valid for 18 holes of golf at Lyman Orchards with a golf cart rental.

Special thanks to all of our sponsors for the NSCIA-CT Chapter golf tournament:

Major sponsors:

Advanced Wheels of Technology (beverage carts), Coloplast (beverage carts), Gaylord Hospital (longest drive), Hartford Hospital (beverage carts), Hospital for Special Care (breakfast), JobPro (luncheon), Koskoff, Koskoff, and Bieder, PC (closest to the pin),

and Urology Specialists, PC (hole-in-one).
Putting green and Driving range sponsors:

Endo Pharmaceuticals, Hanger Prosthetics and Orthotics, Jefferson Radiology, MidState Medical Center, Neurosurgeons of Central CT, Obie Harrington-Howes Foundation, Pronto Printer of Newington, VNA Health Care, Inc.

Tee Sign Sponsors:

Advanced Medical Systems
Arbot Software
Cardiac Care Associates
CMG - Pulmonary Medicine
Connecticut Rehab
Crystal Rock Water & Coffee Co.
Hartford Despatch
Middlesex Hospital
New Britain Medical Supplies, Inc
Orthopedic Associates of Hartford
Physical Medicine & Rehabilitation of Hartford
Pronto Printer of Newington
RisCassi & Davis, P.C.
Roman Oil Inc

The raffle winners were announced during the delicious luncheon beneath the pavilion tent where we all stayed warm and dry. Thank you to all of the persons and businesses that donated items for our raffle.

Raffle donations:

Personnel from Eastern Rehabilitation Network
Crystal Rock
Channel 30
Creative Office Interiors
ESPN
Brad Gilchrist
Hartford Healthcare Federal Credit Union
Ivan Lendl Junior Wheelchair Sports Camp

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Lyman Orchards
Jay McArw
Bob and Karin Snow
Staples
Trader Joe's
Victor Advertising
Westfarms

Thank you to Ellen Franks and Eastern Rehabilitation Network for all of their time, energy, and commitment that they have given to organize this tournament each year. This tournament would not be possible without their support.

Thank you to all of the golfers and supporters who came out on a rainy day to help out a great cause. The NSCIA-CT Chapter looks forward to seeing you next year at Lyman Orchards on Tuesday, September 15, 2009!

**DISABILITY COLLABORATIVE
CONVENTION 2008**
BY JIMMY QUICK

The Disability Collaborative 2008 convention was a huge success. We would like to say thanks to Stan Kosloski and his group for all their hard work. Over 850 people attended the Convention and Expo on September 27, 2008 with 80 exhibitors showing their wares; nine candidates for state and national offices attended, including surrogates for Senator John McCain and President Elect Barack Obama. To visit or contact the collaborative for more information go to <http://www.ct-dac.org/calendar.htm>.

**ATTORNEYS SPECIALIZING IN
DISABILITY TRUST**
BY JENNFIER MANCINI

Kingman & Mancini, LLC. Attorney Amie M. Kingman and Attorney Jennifer L. Mancini maintain personal attention and integrity for all of their clients. The partnership provides

full service Real Estate Transactions, Probate Administration, Estate Planning, Family Law, Landlord/Tenant, and Business Services which include formation, dissolution, sale and acquisition. As attorneys, we work closely with the National Spinal Cord Injury Association, Connecticut Chapter and have a special interest in providing the most comprehensive legal service for the disabled while protecting their special needs.

We offer a fee initial one-on-one consultation with one of the Firms partners. The Firm also provides estate planning services on a flat-fee basis. Our attorneys will take the time to explain all of your estate planning documents with you so that the client fully understands their documents. This allows the client to feel free to ask as many questions as necessary without the fear of being charged hourly. Kingman & Mancini offers evening and weekend hours if necessary and will meet at a clients home if convenience and accessibility is an issue.

Kingman & Mancini have lectured on a variety of topics including Estate Planning, Special Needs Trusts and the Connecticut Probate Process. If you would like to schedule a one- on-one appointment with an attorney or if you would like our Firm to give an free informational lecture to your group or business, please feel free to contact us by phone at 860-413-9577 or by email at admin@kingmanmancini.com.

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A Special Thanks To Our Corporate Sponsors and Supporters

- ❖ Eastern Rehab Network
- ❖ Gaylord Hospital
- ❖ Hospital for Special Care
- ❖ Mt. Sinai Rehabilitation Hospital

SAVE THE DATE.....

Peer Assistance Training

When: Saturday, February 21, 2009

Time: 12:00 – 2:00 PM

Where: *Gaylord Hospital*, Wallingford, CT

Band Fundraiser

When: Thursday, April 9th, 2009

Where: *Murphy's & Scarletti's Bar and Grill*, Farmington, CT

Wheeling and Able Golf Classic

When: Tuesday, September 08, 2009

Where: *Lyman Orchards Golf Course*, Middlefield, CT

SUPPORT GROUP INFORMATION.....

The following locations are holding monthly support group. Please call the contact person to find out about topics and more specific information:

Round Table Support Group

Where: *Hospital for Special Care*, New Britain

When: 3rd Tuesday of every month

Time: 3:30 – 5:00 PM

Contact: Dr. Tim Bellivue at 860-831-1958

Spinal Cord Injury Support Group

Where: *Mt. Sinai Rehabilitation Hospital*, Hartford

When: 3rd Wednesday of every month

Time: 5:00 – 7:00 PM

Contact: Paige McCullough-Casiano at 860-714-2421

Spinal Cord Injury Support Group

Where: *Gaylord Rehabilitation Hospital*, Wallingford, CT

When: 2nd Monday of every month

Contact: Erin Prastine at 203-284-3340

<<<<<<**HELP SUPPORT**>>>>>>

'UNDER THE STARS'

To Benefit the Spina Bifida Association of Connecticut

When: *Friday, February 27, 2009*

7:30 in the evening

The Pond House Café in West Hartford

MODEL SCI SYSTEM COMES TO CT SUBMITTED CAITLIN DEPALMA

Gaylord Hospital has partnered with Boston Medical Center to become one of only 14 Model Spinal Cord Injury (SCI) Model Centers in the country, and is working to develop a New England standard of care designed to improve functional outcomes. Known as the New England Regional Spinal Cord Injury Center (NERSCIC) at Gaylord Hospital in Wallingford, this collaborative project carries a mark of distinction among providers involved in spinal cord research, since the federally designated Model System is awarded a 5-year grant from the National Institute on Disability and Rehabilitation Research (NIDRR) through a highly competitive process. The total number of

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centers in this grant cycle, in fact, decreased from 16 to 14.

Gaylord Hospital and Boston University (the NERSCIC) joins the following 13 centers:

- University at Alabama
- Rocky Mountain Regional Spinal Injury System in Colorado
- National Capital SCI Model System in Washington, DC
- Georgia SCI Model System in Atlanta, GA
- Midwest Regional SCI Care System in Chicago, IL
- University of Michigan SCI Care System
- Northern New Jersey Spinal Cord Injury System
- Mount Sinai SCI system in New York City
- Northeast Ohio Regional SCI in Cleveland, OH
- Regional SCI Center of the Delaware Valley in Philadelphia, PA
- University of Pittsburgh Model Center
- Texas SCI system in Houston
- Northwest Regional SCI system in Seattle, WA

The Spinal Cord Injury Model Systems program was established by the Rehabilitation Services Administration in the early 1970s. The Model Systems are specialized programs of care in SCI which gather information and conduct research with the goal of improving long-term functional, vocational, cognitive and quality of life outcomes for individuals with SCI.

The mission of the Model System is to embody a vision of a comprehensive, interdisciplinary service delivery system in which the finest talents work with the person with SCI to achieve his or her maximal potential. Gaylord's inclusion in this prestigious network of centers speaks to Gaylord's reputation, experience and expertise in the care of people with spinal cord injury.

Inclusion in the Model System allows Gaylord Hospital to offer people with spinal cord injury the opportunity to participate in a national program of data collection. The program currently captures approximately 13% of individuals who have recently experienced spinal cord injuries in this country, and has more than 100,000 participants who are up to 30 years post injury. This allows Gaylord Hospital to contribute data to a national statistical center, which is currently located at the University of Alabama at Birmingham. Here, staff tracks the long-term consequences of spinal cord injury and assesses, identifies and evaluates many factors, such as:

- trends
- causes of injury
- socio demographics
- health services delivery
- treatments

One can see examples of this information by looking at the SCI Facts and Figures at www.spinalcord.uab.edu. Also visit the National Spinal Cord site at www.spinalcord.org. This site averages 81 visits a day, and has been ranked first among 1,010,000 sites by Google™.

Published information, based on the research includes, includes nearly 400 papers at conferences over the last five years, a Model SCI book reviewing the outcomes, and many articles in peer review journals. Specific life expectancy estimates, using the data, are used in an average of 32 court cases each year. At Gaylord, the opportunity to participate as an inpatient and outpatient is offered. To be eligible, one must sustain a traumatic spinal cord injury, and be admitted to and receive care in at least one component of a Model SCI system, such as Gaylord, within one year of the injury.

The Model Systems Knowledge Translation Center (MSKTC) is a part of the Model

Systems that summarizes research, identifies health information needs and develops systems for sharing information for the traumatic brain injury, spinal cord injury and burn model programs. It is currently coordinated by the University of Washington in Seattle. Projects are now well underway, including:

- systematic reviews regarding best practices and treatments
- identification of health information needs of different users with a goal to develop products to meet those needs
- the creation of a centralized web-based knowledge management system of Spinal Cord Injury, Traumatic Brain Injury and Burn Model Systems resources to share evidence based health information

The National Consumer Advocacy Board, which is a collaborative effort to promote and provide input on the research being conducted, disseminates information to the spinal cord injury community and addresses policy issues affecting the spinal cord injury community. Work is now underway regarding issues related to policy, communication and research.

Gaylord Hospital, and the other Model Systems, conduct research in the areas of medical rehabilitation, health and wellness, service delivery, short- and long-term interventions, and systems research. Each center is involved in three areas of research:

- 1) contribution to the National SCI database-both enrollment and follow up
- 2) site specific research which is carried out within each center, and
- 3) module projects which are collaborative research projects involving several SCI Model Systems

Gaylord works closely with their Boston Medical Center colleagues in these three facets of SCI research. The National SCI

database work continues, and going well.

A new project for the team involves using Computer Adaptive Testing to improve our ability to functionally monitor after SCI. Five other Model Centers (University of Michigan, Rehabilitation Institute of Chicago, Craig and Kessler) have joined our effort in this. Our goal is to develop a prototype of a tool which will be precise, accurate, and easy for clinicians to use. The study is approved by Gaylord's IRB (Investigational Review Board), and we have started work on creating a functional item pool, with plans to field test the items, develop and test a prototype tool, and conduct a pilot study. Recruitment for this study has started.

Another research project is designed to evaluate a "virtual visit" for people with SCI and Multiple Sclerosis. Using an interactive, automated "smart" computer controlled telephone conversation system, a digital voice interacts with the caller. The calls, lasting 2-30 minutes each, are designed to monitor potential problems, to communicate relevant information to research workers, and to help clinicians improve people's health.

This technology has proved helpful in diseases such as hypertension, diabetes, depression, emphysema, and congestive heart failure, but it is the first time the technology has been applied in a rehabilitation perspective for people with MS and SCI. It is also the first time that the system has been set up to include recorded clips from patients discussing topics of interest and their experience. Working with many clinicians at Boston Medical Center, Gaylord Hospital, and other experts to create modules, the project's focus is on reducing incidence of pressure sores, reducing severity of depression, and improving access to health care. This randomly controlled study starts this month, and is open to people who:

- have SCI or MS
- live at home
- use a wheelchair for 6 or more hours each day
- have access to a telephone for the next six months
- do not have a deep wound

Interested individuals should call Kelsy Dicker at 617-638-1996 or toll free at 866-785-7040 to get further information and to be screened for eligibility.

Other Model SCI centers are working on projects, such as:

- Effect of Nicotine on SCI pain (Birmingham, AL)
- Long term Respiratory complications of SCI (Pittsburgh, PA)
- Capabilities of Arm and Hand in Tetraplegia (Philadelphia, PA)
- Botulinum toxin A treatment of Detrusor External Sphincter Dyssnergia during early SCI (Houston, TX)

Dr. David Rosenblum, director of spinal cord research at Gaylord Hospital, is working with Dr. Williams, chairman of the Department of Rehabilitation Medicine at Boston Medical Center, Dr. Jette, director of BU's Health and Disability Research Institute and chair of the Institute of Medicine's Project on Disability in America, and Bethlyn Houlihan MSW, MPH, Senior Project Manager for NERSCIC. Gaylord Hospital's involvement in the research projects is aided by Diane Mangiero and two additional research nurses, Jean Simpson and Edith Walker.

If you have any questions, please contact Dr. Rosenblum at 203-741-3348.

ATTORNEYS THAT CAN HELP BY CYNDI SMITH

I wanted to share some important information with the members of the NSCIA.

I have been working with Attorneys Don Papsy and Chris Antoci at the law firm Papsy Janosov, LLC - on a personal level. (Chris and his father, Dr. Joseph Antoci, (Urologist) have been involved with the NSCIA for many years now). In the little time that I have known them, I have really learned to trust them and feel confident in their capabilities.

The most important fact that I have learned is that in Connecticut a person only has TWO YEARS to file a claim when it comes to personal injury lawsuits! (Pass that tidbit on!) As all of you with SCI know – two years is nothing when you are in the mix of emotional turmoil and worry of trying to "get better".

These guys are great and a gift to your worries. So don't look any more because they will help you in ways you won't even be able to appreciate until much later! (And they have an entire firm that deals with any type of case so call them before you go elsewhere.)

As an added bonus they have offered free initial consultations and reduced legal fees to all of our members! I encourage you to call them, you won't be sorry. Here is the firm's contact information:

Papsy Janosov, LLC
Attention: Attorney Christopher S. Antoci
154 East Avenue, 2nd Floor
Norwalk, CT 06851
(203) 642-3888
Website: Myinjuryfirm.com

THERE IS A LIGHT AT THE END OF THE TUNNEL

A PERSONAL STORY BY CYNDI SMITH

I was involved in a serious car accident at the age of 18 and broke my neck in three places at C4, C5, C6, my back in two at L1 and L2, my femur and my pelvic. You can imagine, I am sure, that this experience was nothing short of a real wake up call.

I, along with many of you, was thrust into an unfamiliar world of issues revolving around health, healthcare, insurance and disability. Each day I have faced a new feeling or thought around my car accident or a new medical issue or concern around my disability or new fear or frustration around my healthcare. And each day I am faced with a choice.

I had to learn how to walk all over again but I feel fortunate that I have come so far as to walk with a cane and two lower leg braces called AFO's or Artificial Foot Orthosis and/or Ankle Foot Orthosis. (Basically AFO's hold my toes up so that I can walk without dragging and tripping on them.) I am an "incomplete paraplegic" and have very little movement from my knees down. I have to say that through out my years of being disabled, I feel like a lucky one; one that has had the opportunity to stand on my two feet, and place one in front of the other when I very easily could have been JUST LIKE our hero, Christopher Reeves. My glass is definitely more than half full.

I am 44 years old now and choose to be happy in spite of my hardships. I must admit there have been times when I was not as strong as I wished I could have been but mostly I have pulled my own. However I must admit that I am human and literally was about to throw in the towel when it came to an issue that I have been fighting for years. I almost gave up and

that scares me and that is exactly why I had to write this article.

If you are disabled, or know someone that is, then you totally understand the difficulties with health care and the endless battles for medical coverage over items that are not only necessary but a part of your actual sanity! One of my own personal and largest battles has been to get an AFO made personally with my specific disability in mind. I am very active and still independent which apparently makes me a rare case in AFO's? (I leave that sentence with a question mark.)

In case you don't know, most AFO's are made of a plastic-like material that has been cast from a mold taken of your leg. That plastic is all well and good for some, but NOT EVERYONE! I have been unable to sit back and simply settle for a life that is etched out for me by the medical community when my case is unique (as is everyone else's). If you know there is a way to make your life more fulfilling, more independent and hence less emotionally taxing you search to find ways to make that happen.

I have been searching and pleading with many orthotists in my 26 years of disabilities to hear my needs and my understanding of my body and help to create the perfect brace for me. Unfortunately, they could only do so much – given their company, or their title or their lack of expertise – or all of the above.

Just last week, I traveled via plane all the way from New York to Tampa Florida dreaming that I was going to find that "one in a million" orthotist - and I have to be honest, I felt this was my very last hope. I said to a friend of mine, "This is my last hope. I simply can't fight this battle any longer," and while she didn't quite understand the magnitude of that comment, I knew that I had to move on and not dwindle on the dark side of hope. Let me give you an example of what I am trying to say here. When I was

first in my car accident I asked myself, “Why did this happen to me?” and I realized at that moment that I would never have an answer to that and going there would not be a healthy place to go. I never asked that question again. Instead I think, “why not me?”

I was beginning to lose my drive to keep my head above water. I didn't really know what that was going to feel like or look like for me when I stopped having my glass more than half full, but I was literally - for the first time - reaching a place of great hopelessness.

This is how I ended up going to Florida to find the perfect brace. A local orthotist that I had been using tried a couple of braces on me that have only been out for a few years now and one of them was like a dream come true for me. I had the drive back. The drive to walk everywhere! It was awesome. I was renewed with hope. And then, the brace broke. In fact, they break about every two months and if you are in a museum in New York City with your son and your brace breaks, it can end a happy vacation real quick. Without legs, you can't move! I guess I could have been carrying an extra pair in my backpack in case one broke and with that in mind I better carry along another cane too! Come on! How difficult is it to make a brace that is reliable?

The makers of the braces guarantee one replacement a year but if they are going to break every two months, well, that leaves 8 months of a year without braces. Or you pay – which wouldn't be a problem for someone with boo-coo bucks. One of these braces is \$800 a leg. Yes that is right, \$800 per leg and IF your lucky, insurance might consider a new pair every couple of years. So unless you are financially stable, or forget that, let's get real and call it what it is, stinking “RICH” then it isn't happening. No, instead your back to square one in the plastic braces that hurt your back when you stand on them because they are like standing on a concrete slab all the time. (Can you imagine, after breaking your

spine in 5 places!) Not to mention, the fact that the plastic braces make you walk like Frankenstein because it is seriously like wearing a cast all the time! That means that every time you walk you mess your gait up and eventually you walk badly because that is what you are training your body to do! There is another option however, you could sit in a wheelchair from now on and watch the atrophy set in and the weight poor on and your independence dwindle along with your drive to stay in shape and be active. This, my friends, is not a place you ever really want to have to go to.

I had pleaded with my orthotist for help but he was at a loss so I went elsewhere. This new place, (a large and well known organization), had a great guy help me that seemed to really care. He listened to my needs and analyzed my gait and spent a couple hours with me. He suggested another type of brace that is on the market. I thought – “Great! Maybe, just maybe, this will do it.” Then they told me that my insurance wouldn't pay for them so I would have to pay myself. Instead of them charging me what the insurance would pay, which was \$1200, they had to charge me \$1900. I couldn't believe it. You mean to tell me that you are charging me \$700 more personally because my insurance refused to pay it? Then the secretary tried to tell me that having insurance was like a “coupon” so that is why they didn't charge so much to the insurance. Now, sit with that one for a minute without blowing your top! I asked to speak with the manager and he eventually called back explaining that because it is such a large organization they had to follow policy and procedures and he had no other option but to charge me the highest price. I went back to my local orthotist and he agreed to charge me what insurance would agree to pay which was \$1200, which I had to pay, on top off all the other braces I had to purchase the past year. Before I left his office, he kindly asked me, “Do you mind if I ask why you went to

another office?" I looked him straight in the eye and I kindly said, "Because you weren't listening to me."

He left the room and came back with a number. The number was for an orthotist in Florida. He said, "I have heard that this guy will make something specific". What took so long for me to get this information? Leaving his office was deflating but nothing I hadn't already dealt with for so many years previously. I just began to feel like the fight for my walking life was becoming too much of an emotional burden on me. I was being faced with a choice and I was having a difficult time being positive still.

I came home and called the number and spoke with this guy named Wade Bader. He was the owner of Bader Prosthetics and Orthotist. He listened intently. He asked a few questions and sent me a photo on line of some of the things he has done. I felt very comfortable that this was an option for me and as such, I had no other alternative but to pour the money – one last time – into my hopes of finding someone that would hear me - that could actually do something about my issue, let alone at a cost that was not out of the ridiculous ballpark but within the cost of any other brace.

I booked my flight at a cost of \$178, booked a room for four nights at a cost of \$398, rented a car for another \$178 and was on my way. Does this seem ridiculous or just desperate? Yes, but remember, it was my last hope. I didn't really know what I would do after this but I wasn't willing to give up yet.

I left my house at 3:30 in the morning to get to the airport at 4:30 for a flight leaving at 6:00 arriving in Tampa at 9 something. I got my car, checked into the hotel and went drove to the orthotist some 11 miles from my location. Just to give you an idea of how desperate I truly was.

At first I was thrown because the place looked like someone's house. It was on a residential street. I was immediately scared that I had come all this way to be let down yet again. I walked into the office and it was very different from any "medical" facility I had ever been in. I sat in the chair and waited momentarily. I was ushered back to a room and soon thereafter here came Wade. We did all the normal stuff I always did at every other orthotist but there was one difference. Wade listened to me. He actually understood that I might know more about my own health than him!

Needless to say, he made me my braces and I am full of the will to fight for my walking life again. It has taken me YEARS of searching, boatloads of money, tons of patience, and faith but it has happened. If you or anyone you know needs AFO's or a new leg, or any other prosthetic, remember this man – he will answer your pleas and do the best he can to see to it that you are fulfilled. In talking to him and meeting his tremendous staff, it was obvious to me that he too has spent many years of blood, sweat and tears trying to create a brace that is more effective. His efforts are definitely paying off today because I am only one of his many happy customers through out the world. The culmination of 15 years of experience, research and development, trial and error and a lot of frustration on his part has made a large contribution to the happiness of mine today and for that I am very grateful indeed. In the meantime, let me save you years of upset, fear and sadness and point you to the right man because there is a light at the end of tunnel and his name is Wade Bader. He can be found at 1-813-962-6100.

