

Free!

Volunteers Needed!

Adaptive Cross-Country Ski Clinics

Come and learn to ski or practice and improve your skills!

These clinics are for people with physical disabilities and visual impairments. We will accommodate sit-skiers and stand up skiers with spinal cord injuries, amputations, strokes traumatic brain injuries and similar disabilities.

Wed, Feb 8 & Wed, Feb 15, 1:00 - 3:00 PM

Winding Trails, 50 Winding Trails Drive, Farmington, CT
The New England Nordic Ski Association and the Sports Association are teaming up to bring adaptive Nordic Skiing to Connecticut for the first time. Registration Required. Call and join us at the beautiful Winding Trails in Farmington. What to wear: Light, non-cotton layers. Dress like you are going for a walk or a jog. Downhill ski gear will be too hot.



FREE!! Registration required. Call the Sports Association at 203-284-2772.



Anything is Possible!