



## **People with SCI Wanted for Exercise Study**

If you are between the ages of 20 and 40, have become spinal cord injured within the last three to six months, and have some arm strength, you may be eligible for a new exercise-focused research study, based at Spaulding Hospital Cambridge. We want to know if electrically-stimulated rowing can improve heart health more than arms only rowing or no exercise in individuals with a recent C5-T12 spinal cord injury. If you are interested in participating, please contact Glen Picard at:

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