This morning Spin-a-thon is taught by our Mandell JCC Spinning Team of Instructors.

Mount Sinai Rehabilitation Hospital, a Saint Francis Care Provider, is teaming up with the Mandell JCC to benefit individuals with spinal cord injuries. Proceeds from Pedal for a Purpose will help support individuals with spinal cord injuries through the National Spinal Cord Injury Association, CT.

Sunday, March 29 | 8:30-10:30 am
Chase Family Gallery

Open to the community
Registration due by March 25
Donation: One Hour $25/Two Hours $45
Information: Carmen Erian, 860-231-6348, cerian@mandelljcc.org or Sara Billings, 860-231-6331, sbillings@mandelljcc.org